



2025 - 2026 DANCE AGE GRID/ DIVISION LIST



Division	Categories	Birth Year	Ages	Gender	Total Members
U6	High Kick, Hip Hop, Jazz, Pom, Contemporary/Lyrical	2019 - 2021	5 - 6 Years Old	Female/Male	6 - 30 members
U8	High Kick, Hip Hop, Jazz, Pom, Contemporary/Lyrical	2017 - 2021	5 - 8 Years Old	Female/Male	6 - 30 members
U12	High Kick, Hip Hop, Jazz, Pom, Contemporary/Lyrical	2013 - 2018	8 - 12 Years Old	Female/Male	6 - 30 members
U16	High Kick, Hip Hop, Jazz, Pom, Contemporary/Lyrical	2009 - 2014	12 - 16 Years Old	Female/Male	6 - 30 members
U18	High Kick, Hip Hop, Jazz, Pom, Contemporary/Lyrical	2007 - 2012	14 - 18 Years Old	Female/Male	6 - 30 members
OPEN	High Kick, Hip Hop, Jazz, Pom, Contemporary/Lyrical	2010 or earlier	16 +	Female/Male	6 - 30 members
IASF DANCE Worlds Division	Categories	Birth Year	Ages	Gender	Total Members
OHH	Open Hip Hop	2010 or earlier	16 +	No Males	6 - 30 members
OCHH	Open Coed Hip Hop	2010 or earlier	16 +	Female/Male	6 - 30 members
OMHH	Open Male Hip Hop	2010 or earlier	16 +	No Females	6 - 30 members
OJ	Open Jazz	2010 or earlier	16 +	No Males	6 - 30 members
OCJ	Open Coed Jazz	2010 or earlier	16 +	Female/Male	6 - 30 members
OP	Open Pom	2010 or earlier	16 +	No Males	6 - 30 members
OCP	Open Coed Pom	2010 or earlier	16 +	Female/Male	6 - 30 members
OOCL	Open Open (Contemporary/Lyrical)	2010 or earlier	16 +	Female/Male	6 - 30 members
U16	Junior Jazz	2009 - 2014	12 - 16 Years old	Female/Male	6 - 30 members
U16	Junior Pom	2009 - 2014	12 - 16 Years old	Female/Male	6 - 30 members
U16	Junior Hip Hop	2009 - 2014	12 - 16 Years old	Female/Male	6 - 30 members

Edited 21/03/2025