



## IASF DIVISION LIST AGE ELIGIBILITY

The IASF Age Grid is designed as a guideline for International All Star Cheer and Dance events within the discipline of All Star. The IASF Age Grid is based on the year The IASF World Championship competition is held. The age grid will be in effect every year from January 1 in Australia. The age grid will extend for competitions through the end of June of the following year in Europe (AFTER THE WORLD CHAMPIONSHIPS)

**EVENT PRODUCER REQUIREMENTS:** The IASF DIVISION LIST is a list of ALL the IASF divisions. Each country's governing body, or event producer, where permitted, may choose which divisions they would like to offer. Every IASF division is not required to be offered at events. The IASF 2025 Worlds Divisions must be used to distribute IASF worlds bids or bids for sanctioned end of season events.

**AGE OF COMPETITORS — YEAR OF COMPETITION:** The age of the competitor is based on the date of birth falling during the year of the 2024/2025 competition

Examples; a 13-year-old athlete may participate where the minimum age is 14 IF they turn 14 on or before Dec. 31, 2025. A 19-year-old athlete may participate where the maximum age is 18 IF they were 18 at any time in 2025.

### **TEAM SIZE:**

Minimum number of athletes is 16. A penalty may be assessed for taking the floor with fewer than 16 athletes.

Standard IASF = Maximum number of 30 athletes.

Worlds Tumbling divisions will still have a maximum of 24 athletes allowed on the floor. Teams may NOT qualify for Worlds with less than 16 athletes on the floor.

Eg; Division A = 6 teams with 16-24 athletes. Division B = 6 teams with 25-30 athletes.

Eg; Division A = 6 teams with 18-24 athletes. Division B = 6 teams with 25-30 athletes.

Coed divisions do not split in levels 1 and 2. \*U16 and U18 Coed splits are required at level 4.

### **GENDER**

Female = No males on team

Coed = A minimum of 1 male

**COED CHEER TEAMS:** The maximum numbers of males on a coed team **may not exceed 2/3 of the total athletes** on the team.

**EXAMPLE:** If an IASF Open Level 5 Coed 16 team has a total of **18** athletes competing on the floor; the maximum number of males allowed on the team would be restricted to **12**.

**CROSSOVERS:** National governing bodies, or event producers, where permitted, may choose their own crossover policies.

**Crossovers are not allowed at The Cheerleading World Championships.**

### **TIME LIMITS**

IASF U6, U8, U12, U16, U18 and Open = Routine time limit maximum of 2:30.

IASF Non-Tumbling = Routine time limit maximum of 2:00.

**IMAGE POLICY:** Any team that competes outside of its country must follow the Image Guidelines set forth by that country and/or the IASF.

**All teams competing at the Cheerleading Worlds in an IASF Division must cover their midriff (no crop tops).**

**Adaptive Abilities Divisions:** Will follow ICU rules



## 2024 - 2025 CHEER AGE GRID/ DIVISION LIST



Division	Levels	Birth Year	Ages	Gender	Total Members
U6	1	2018 - 2020	5 - 6 Years Old	Female/Male	16-30 Members
U8	1, 2	2016 - 2020	5 - 8 Years Old	Female/Male	16-30 Members
U12	1, 2, 3, 4, 5	2012 - 2017	8 - 12 Years Old	Female/Male	16-30 Members
U12 NT	2, 3, 4, 5	2012 - 2017	8 - 12 Years Old	Female/Male	16-30 Members
Division	Levels	Birth Year	Ages	Gender	Total Members
U16	1, 2, 3,	2008 - 2013	12 - 16 Years Old	Female/Male	16-30 Members
U16	*4, 5, 6	2008 - 2013	12 - 16 Years Old	No Males	16-30 Members
U16 Coed*	*4, 5, 6	2008 - 2013	12 - 16 Years Old	1 or more Males	16-30 Members
U16 Coed Large*	*4, 5, 6	2008 - 2013	12 - 16 Years Old	5 or more Males	16-30 Members
U16 NT	2, 3, 4, 5, 6	2008 - 2013	12 - 16 Years Old	Female/Male	16-30 Members
Division	Levels	Birth Year	Ages	Gender	Total Members
U18	1, 2, 3,	2006 - 2011	14 - 18 Years Old	Female/Male	16-30 Members
U18 Coed	*4, 5, 6	2006 - 2011	14 - 18 Years Old	1 or more Males	16-30 Members
U18 Coed 4	*4, 5, 6	2006 - 2011	14 - 18 Years Old	1-4 Males	16-30 Members
U18 Coed 8	*4, 5, 6	2006 - 2011	14 - 18 Years Old	5-8 Males	16-30 Members
U18 NT	2, 3, 4,	2006 - 2011	14 - 18 Years Old	Female/Male	16-30 Members
U18 NT	5, 6	2006 - 2011	14 - 18 Years Old	No Males	16-30 Members
U18 NT Coed	*4, 5, 6	2006 - 2011	14 - 18 Years Old	1-20 Males	16-30 Members
Division	Levels	Birth Year	Ages	Gender	Total Members
IASF Open	1, 2	2009 or earlier	16 +	Female/Male	16-30 Members
IASF Open	3, 4, 5, 6	2009 or earlier	16 +	Female	16-30 Members
IASF Open Coed	3, 4	2009 or earlier	16 +	1 or more Males	16-30 Members
IASF Open Coed 4	5, 6	2009 or earlier	16 +	1-4 Males	16-30 Members
IASF Open Coed 16	5, 6	2009 or earlier	16 +	5-16 Males	16-30 Members
IASF Open NT	2, 3, 4, 5,	2009 or earlier	16 +	Female	16-30 Members
IASF Open NT Coed	2, 3, 4, 5,	2009 or earlier	16 +	1-20 Males	16-30 Members
Division	Levels	Birth Year	Ages	Gender	Total Members
IASF Open Level 7	7	2008 or earlier	17 +	Female	16-24 Members
IASF Open Level 7 Coed 4	7	2008 or earlier	17 +	1-4 Males	16-24 Members
IASF Open Level 7 Coed 16	7	2008 or earlier	17 +	5-16 Males	16-24 Members
IASF Open Level 7NT	7	2008 or earlier	17 +	Female	16-30 Members
IASF Open Level 7NT Coed	7	2008 or earlier	17 +	1-20 Males	16-30 Members
Division	Levels	Birth Year	Ages	Gender	Total Members
IASF Adaptive Abilities	1, 2, 3, 4 only	2012 or earlier	12 +	Female/Male	10-24 Members
IASF Cheerleading Worlds Divisions and (Codes)		Birth Year	Ages	Gender	Total members
U18 - Level 5 (U18-5)		2006 - 2011	14 - 18 Years Old	Female	16-24 Members
U18 Small Coed - Level 5 (U18SC-5)		2006 - 2011	14 - 18 Years Old	1-4 Males	16-24 Members
IASF Open - Level 5 (IO-5)		2009 or earlier	16 +	Female	16-24 Members
IASF Open Small Coed - Level 5 (IOSC-5)		2009 or earlier	16 +	1-4 Males	16-24 Members
IASF Open Large Coed - Level 5 (IOLC-5)		2009 or earlier	16 +	5-16 Males	16-24 Members
IASF Open - Level 6 (IO-6)		2009 or earlier	16 +	Female	16-24 Members
IASF Open Small Coed - Level 6 (IOSC-6)		2009 or earlier	16 +	1-4 Males	16-24 Members
IASF Open Large Coed - Level 6 (IOLC-6)		2009 or earlier	16 +	5-16 Males	16-24 Members
IASF Open - Level 7 (IO-7)		2008 or earlier	17 +	Female	16-24 Members
IASF Open Small Coed - Level 7 (IOSC-7)		2008 or earlier	17 +	1-4 Males	16-24 Members
IASF Open Large Coed - Level 7 (IOLC-7)		2008 or earlier	17 +	5-16 Males	16-24 Members
U18 NT- Level 6 (U18NT-6)		2006 - 2011	14 - 18 Years Old	Female	16-30 Members
U18 Coed NT - Level 6 (U18CNT-6)		2006 - 2011	14 - 18 Years Old	1-20 Males	16-30 Members
IASF Open NT - Level 6 (IONT-6)		2009 or earlier	16 +	Female	16-30 Members
IASF Open Coed NT - Level 6 (IOCNT-6)		2009 or earlier	16 +	1-20 Males	16-30 Members
IASF Open NT - Level 7 (IONT-7)		2008 or earlier	17 +	Female	16-30 Members
IASF Open Coed NT - Level 7 (IOCNT-7)		2008 or earlier	17 +	1-20 Males	16-30 Members