

Please make sure you include the following in your email:



- **In the subject line:** Your program name and the country you reside.
- **In the body of the email:** The Division (age category AND style), reference to the element you are seeking a ruling on (e.g. tumble skill, partner lift, floor work, use of poms).
- Requests are limited to one section or skill per email.
- Whole routines will not be reviewed; sections of routines with multiple elements will not all be reviewed.
- Ensure the skill can be seen clearly in the video, including a side view if necessary.
- Ensure the skill is performed as it will be in competition (e.g. use of poms/Footwear)
- Rulings are based on the skill as performed in the video and are not a *guarantee* of legality, as skills may be performed differently at a live event.
- Videos must be **an attachment**, not a link to view. This is so that the video can be re-attached to the response email.